

INTERNSHIP READY: YOUR FIRST TIROCINIO STARTS HERE

Informational meeting on curricular compulsory internship for Master of Science Students – SCHOOL OF ARCHITECTURE URBAN PLANNING CONSTRUCTION ENGINEERING

Contents

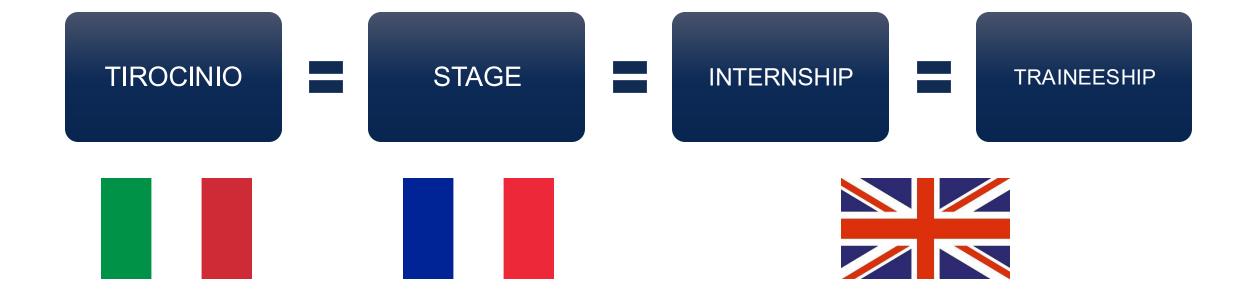
ROAD TO... COMPULSORY INTERNSHIP

- 1. What an internship is
- 2. Get to know my study course regulations
- 3. Look for
- 4. Activate
- 5. Carry out
- 6. Evaluate
- 7. Recognition of the ECTs

03/10/2025

What an internship is





WHAT IS AN INTERNSHIP, REALLY?

- ☐ It's an **on-the-job experience**, outside the university context!
- ☐ It allows you to **«put into practice» theoretical knowledge** acquired studying
- ☐ It is a practical training experience, always supported by a professional: IT'S NOT A JOB CONTRACT!
- ☐ It allows you to **«try» doing a job**, to understand if it is what you want to do in the future
- ☐ It allows you to **enrich your curriculum vitae before the graduation**, making it unique from that of your fellow students

WHAT TO EXPECT FROM THE HOST ORGANISATION?

- ☐ Training and support
- Rules application

WHICH ARE THE BASIC RULES OF EVERY INTERNSHIP?

STATUS	TIPO	DURATA	DA INIZIARE QUANDO	BENEFIT	GESTITO DA
STUDENT	Compulsory (gives you university credit – ECTS)	Depends on your study plan	Depends on your study plan	Paid or unpaid	"SAT"
	Non compulsory (no university credit)	1-12 months	Whenever you are ready/available	Paid or unpaid	CAREER SERVICE
GRADUATE	Extracurricular	2-12 months	Whenever	Paid (Italy) or unpaid (Abroad)	CAREER SERVICE
	Professional	900 hours	Whenever	Paid (Italy)	BOARD OF ARCHITECTS

For the host organisation and PoliMi

- PC, programs and internet connection are the host organisation's duty; it is partially an exception the smart working internship.
- Insurance coverage for accidents and civil liability, on the intern's activity, are PoliMi's duty.
- Hours and days of attendance must be respected: no overtime, no activity during the night or in the weekend.
- The host organisation must provide you each necessary specialist training course.

For the intern

- Follow the instructions by the supervisor
- Follow the host organisation's internal rules and purposes.
- Attend according to the agreed schedule, notifying (if possible in advance) any abseces.
- Pay attention to the obligation of secrecy, asking the supervisor if ok to the disclosure (eg. In the thesis/final evaluation)

Academic supervisor

- You choose him/her when you find the internship.
- He/she must approve the internship before starting
- You can ask him/her support for technical or scientific counselling and any problem with the Company.
- He/she will validate your
 ECTS at the end of the internship.

7 PRACTICAL TIPS TO LIVE AT BEST THE INTERNSHIP EXPERIENCE

Ask questions!	
Observe, listen and take notes	
Get to know also colleagues who don't work directly with you!	
Be open to relations with colleagues: build a network!	
Be precise! Respect hours and deadlines!	
Be flexible!	
Be proactive: anticipate the problem/request!	

Get to know my study course regulations



Contents

- 1. How long?
- 2. When?
- 3. Which types?
- 4. Where?

03/10/2025 INTERNSHIP READY: IL TUO PRIMO TIROCINIO PARTE DA QUI

How long and when

MASTER OF SCIENCE	ECTS - CREDITS	HOURS
Architecture / Architecture - Built Environment - Interiors	8	200
Building Architecture	4	100
Architecture - Architectural Design / Architecture and Urban Design (MI)	6	150
Urban Planning and Policy Design (MI)	4	100
Architectural Design and History (MN)	6	150
Sustainable Architecture and Landscape Design (PC)	8	200
Building Engineering (MI)	3	75
Building and Architectural Engineering (MI, LC)	3	75
Building Engineering for Sustainability	6	150
Management of Built Environment	3	75
Landscape Architecture, Land Landscape Heritage (MI)	4	100
SINGLE-CYCLE DEGREE – 5 years	ECTS - CREDITS	HOURS
Ingegneria Edile Architettura	3	75

NB: The experience must be continuous in the same host organization.

1° year or 2° year

BUT

On condition that you have inserted it in the study plan, though it is not approved yet.

N.B:

To be completed and credited no later than the dead line given to close your study plan, according to your graduation session

Which types

- ☐ Internship in a company
- □ Internal Practical Activity
- □ Workshop
- ☐ Alternative: Work experience

Where

- ☐ In a Company
- Pubblic/Research Organisation/Institution
- ☐ In a Professional Firm
- ☐ Provided an expert professional supports you.
- ☐ In Italy or Abroad

Look for



LOOK FOR



- Applying to the online offers on the Career Service website with my CV and portfolio using the correct filters according to internship type and subject area
- Discovering registered Companies for my subject area
- Direct contacts (acquaitances, Alumni) or professors



Activate



IN ITALY

WITH INTERNSHIP AGREEMENT: 5
DAYS

WITHOUT INTERNSHIP AGREEMENT: 10 DAYS

Every internship in Italy must be activated through 2 documents:

- □ INTERNSHIP AGREEMENT
- □ INTERNSHIP DOCUMENT

Both documents must be provided and signed before the starting of the internship.

It's not PoliMi that decides to use those documents for the activation of your internship, but PoliMi applies **national law on internships**.

ABROAD

STANDARD PROCEDURE ON CAREER **SERVICE WEBSITE: 10 days**

The host organisation can follow the same online procedure on the English version of the Career Service → preferable, faster approximately 10 working days and not subject to negotiation.

The host organization has to:

- register (if not already)
- request and send back signed via email an **Internship** Agreement
- fill out and send back signed via e-mail an Internship Document

TRIPARTITE INTERNSHIP **CONTRACT: 30 days**

The host organization can ask you to sign a tripartite internship contract based (between the intern, the host) organization and PoliMi) on local legislation in place of or in addition to PoliMi standard documents

Before countersigning the contract the Career Service must verify that it respects the University policy and the attention points of the University, especially on articles concerning confidentiality and intellectual property.

BIPARTITE INTERNSHIP CONTRACT

The host organisation can propose you a bipartite internship contract (between the **intern** and the **host** organization) according to the local regulations.

In this case the Career Service must receive a copy of the contract before the start of the internship to track the insurance coverage.

INTERNSHIP ABROAD WITH TRIPARTITE INTERNSHIP CONTRACT: the

internship agreement proposed does not comply with the University's Intellectual Property and Confidentiality standard and policy

The internship is curricular (see art 2.1 of University Regulation on internships) compulsory/optional, for thesis or non-compulsory with academic supervisor;
The academic supervisor (see art 7.2.1 of University Regulation on internships) is a tenured faculty member;
The student gives up IP ownership to the university
The academic supervisor gives a written opinion in favor of the transfer of ownership to the host organization;
The intern signs a declaration of indemnity, in favor of the university, in all cases of damages directly and/or indirectly related to the breaching of the NDA
The host organization signs a memorandum of understanding with the university
The intern is trained on IP and NDA and passes the test provided at the end of the training

Carry out



PRELIMINARY AUTHORIZATION

The **STUDENT** finds the internship and sends an email to the PROFESSOR identified as ACADEMIC. SUPERVISOR asking for tutoring availability and giving specifications⁽¹⁾

> The ACADEMIC via email

The **STUDENT** forward the approval to

- (1) Specifications:
- name surname, matriculation number, study programme, presence of internship in the study plan, time allocation, cellular
- the host organization
- description activities
- educational purposes

- skills to be acquired

) START

The host organization

- a) If it DOESN'T HAVE, it

(II) Write to careerservice stage(a)polimi it (III) www.careerservice.polimi.it/it IT/Intership/Company/Index/ (M) At least 5 working days before the start of the Internship

3 ACTIVATION (PART I)

DOCUMENT (PROGETTO FORMATIVO) to the intern

DOCUMENT to the Internsh

M At least 2 working days before the start of the internship

4 ACTIVATION (PART II)

The INTERNSHIP SERVICE receives **ACTIVATES** the **INTERNSHIP** with

START START **INTERNSHIP**

PLEASE NOTE:

related ECTS

Email address of reference for Piacenza Campus: tirocini-piacenza@polimi.it Email address of reference for Mantova Campus: tirocini-mantova@polimi.it Email address of reference for Lecco Campus: stage-lecco@polimi.it

WARNING!

If you start an internship without the requested documents or before all administrative procedures are fullfilled:

- ☐ You are doing a non-regular activity according to employment laws
- ☐ You won't be covered by the insurance
- The internship hours done wont' be considered valid
- ☐ The internship cannot be back dated
- ☐ You won't receive ECTS for the internship nor regularly activated

PRACTICAL INTERNAL

1 PRELIMINARY AUTHORIZATION AND START

The STUDENT identifies the internship and sends an email to the SAT MANAGER of his/her study program (I), in c.c. to the ACADEMIC SUPERVISOR and to the LABORATORY MANAGER (or to the DEPARTMENT MANAGER) giving the specifications (II) and attaching the certificate of attendance of the basic course on safety and the abstract filled by the academic tutor.

The SAT MANAGER approves via email.

The STUDENT forwards the complete email, containing the specifications, the approval and the attached documents, to tirocini-auic@polimi.it.

(I) https://www.auic.polimi.it/en/students/ students-university-career/internships

(II) Required information (specifications):

-name, surname and student identification number (<u>matricula</u> number).

-Study Program,

-declaration that the internship is in the Study Programme,

-duration in hours

-period of the internship (starting and ending date)

02 <u>ACTIVA</u>

The Internship
Service sends the
TRAINING ACTIVITY
DOCUMENT to the
Intern.

The INTERN and the Academic Supervisor sign the DOCUMENT (the signatures can be either handwritten or digital)

The INTERN e-mails a scan of the DOCUMENT WITH the required SIGNATURES to the Internship Service (III)

(III) At least 2 working days

before the starting date

03 <u>ACTIVATION</u>

The INTERNSHIP
SERVICE receives
the scan of the signed
DOCUMENT and
ACTIVATES the
Internship with the
starting date provided

04

START of the INTERNSHIP 22

WARNING:

validate an activity comisd out in the factor the regular activation

i3 struction Engineering

Email address of reference for Piacenza Campus: tirocini-piacenza@polimi.it Email address of reference for Mantova Campus: tirocini-mantova@polimi.it Email address of reference for Lecco Campus: stage-lecco@polimi.it

Work experience comparable to internship (exception and only during the current academic career)

The student sends to Internship Service

- 1) Copy of the agreed contract: verify that on the contract are shown (or alternatively will provide them in attached): name and type of company, sector of activity, number of employees, location, name and email address of a business contact, period of activity, description of activities and tasks.
- 2) Final Report of comparable activity completed in all points; the specific form is available in the dedicated pages of websites of single location

The Internship Service will request the approval of the proposed activity to the SAT Manager



If the SAT Manager approves, ECTS will be validated

Changes to the internship (to be communicated at least 2 days in advance)

Business trips Suspensions (and postponement) Extension Interruption/Anticipated Closure

Evaluation and Recognition of the ECTS



EVALUATION AND RECOGNITION OF THE ECTS

Simply by filling out a final internship survey: you receive a link by email on the internship's last day. One for you and one for the company supervisor.

Pay attention to the question that asks you to fill out a **technical report** on the activities done! You cannot fill out again the technical report and the survey, once done!

The academic supervisor is notified and can check both surveys and evaluate.

The academic supervisor can recognize the ECTS

1 week

WHO DOES WHAT AND CONTACTS

CAREER SERVICE

Helps you looking for the internship.

careerservice.stage@polimi.it

SCHOOL'S INTERNSHIP SERVICE («SAT»)

Sets compulsory internship regulations, activates and manages it.

tirocini-auic@polimi.it

TERRITORIAL CAMPUSES

For students of Piacenza

tirocini-piacenza@polimi.it



For students of Mantova

tirocini-mantova@polimi.it



For students of Lecco

stage-lecco@polimi.it



Would you like more info?

Register to MEET YOUR INTERNSHIP ADVISOR, from Tuesday

to Friday



Thanks for the attention